

ADVENTURES BY MONGOLIA FIXERS



Mountain Biking Central Mongolia

Dates by Group Request

If you have ever wanted to take part in a truly off the beaten path expedition and would like to see some rarely seen parts of Mongolia, we have the trip for you next summer!

Mongolia remains one of the world's last truly undiscovered adventure travel destinations; a land steeped in the legacy created by the warriors of Chinggis Khan who created the largest Land Empire that the world has seen. Mongolia is a land of dramatic contrasts from rich colors of the Gobi Desert; emerald green seas of rolling grasslands dotted with herds of horses and the snowy white dwellings of today's nomadic herders.

This 10-day supported mountain biking expedition traverses the dramatic landscapes of Central Mongolia—volcanic craters, river valleys, forested hills, and sweeping steppe. Riding mostly on smooth dirt tracks used by local herders, we cover 25–65 km per day with full vehicle support. The route includes moderate to challenging climbs, rewarding descents, and occasional encounters with nomadic families camped along the way. While daily activity is sustained, the pace allows for breaks, photo stops, and even a treat in a provincial town. Elevation gains can top 1,000 meters on tougher days, but the emphasis is on rhythm and flow. This is an 'Active' grade tour for cyclists with good fitness and a spirit of adventure—immersive travel by bike through one of the world's last great open landscapes.





Day 1

Arrival. Transfer to hotel. Relaxation day. Walking tour of nearby attractions and shopping will be available upon request. We will enjoy a welcome dinner together and let everyone get a good night's sleep. Accommodation is based upon double occupancy in a 4* Business Class hotel located right in the middle of downtown.



Day 2

Enjoy breakfast at the hotel and enjoy a city tour visiting several popular sites, as well as the National History Museum. Option for traveling to the Chinggis Khaan Statue Complex, one of the more iconic sites in the country. After dinner we'll board the overnight train from UB to Erdenet. Erdenet is Mongolia's third largest city and home to one of the largest copper mines in the world. Get a small taste of the Trans-Siberian railroad in a sleeper car for the night.

Day 3

Early morning arrival in the city of Erdenet. After breakfast at a local café, it will be a 2 hour drive to Tuluugiin Pass. Here we'll set up the bikes and have lunch. Bike acclimatization afternoon as we enjoy an easy cycle to our first tent camp at the Uran Togoo volcanoes. We start our cycling going downhill on smooth dirt tracks and over undulating hills. Explore the volcanoes later that day, with both cycling and hiking options available. (Distance: 27 km) +550 / -740



Day 4

A series of smaller hills and undulating country filled with grazing livestock await us today. After lunch we continue going south west and pedaling over one of the steepest climb of the trip and then camp in the dip. (Distance 57km) +1000 / -945



Day 5

We ride on through some low hills with sandy patches in the morning and enjoy smoother and easier tracks in the afternoon to reach our campsite, after having our first visit to local nomadic herder family. We are now in the fertile river valley of Khunui. (Distance 43km) +654 / -752

Day 6

Today we ride along the Khunui River and make good progress on smooth dirt tracks. This day turns out to be a bit trying if the wind is against us but soldier on. (Distance 54km) +500 / -400

Day 7

After slow gradual climb in the morning we have nice downhill to ancient Stone men/balbals where we can take photos and explore while resting. We will cycle through the soum of Ikh Tamir, stop for ice cream and then cross the Tamir River to find our camp for tonight. (Distance 69km) +950 / -880

Day 8

It's shorter day and our destination is a beautiful shady campsite outside the capital town of Arhangai – Tsetserleg. No rest for the wicked though, despite today's modest distance of 28 km, we start by crossing a short sharp pass (300m) before making a long decent to the town of Tsetserleg. After a delicious lunch at the famous Fairfield Café, it is only 6km to our camp on the Tsetserleg River. We will have a free afternoon to relax by the river, read, swim – or head into town to explore the bright lights. (Distance 36km) +590 / -540

Day 9

It's another shorter day as we ride up and over 3 passes one after another, the last one a little longer and through a beautiful forest. Arriving at our destination in the early afternoon, we have the rest of the day to enjoy the facilities of a local ger camp, where we can indulge in a soak in the hot spring baths and have a well-deserved massage. Overnight in traditional Mongolian gers. (Distance 25 km) +600 / -490



Day 10

A relatively long day for us today, starting with crossing the Tsenkher River in the morning followed by series of medium to low sized hills in the afternoon. This is exactly one of those days you hope for no rain and nice weather. (Distance 63km) +1250 / -1400



Day 11

Today we start the ride passing by numerous local herder families camped by our track, before turning east and up for a long gradual climb, gaining about 250m in elevation over a distance of 11km. The reward is a fabulously long downhill ride to the Orkhon River valley. After lunch we follow the river downstream to camp next to it. (Distance 54km) +930 / -1050



Day 12

We follow the river downstream for another 30km to reach the town of Kara Korum, the ancient capital of Mongolia, where we'll be visiting the first Buddhist monastery in Mongolia. We finish our riding here! After lunch outside the monastery we drive to Khogno Khan, a mini-Gobi in Central Mongolia, to get to our ger camp for the night, located near the dunes at the base of gorgeous rock formations and near monastery ruins dating to the early 1600's. +580 / -665

Day 13

Early start this morning traveling by 4WD van to hit the road back to Ulaanbaatar, stopping for a quick visit to 1000 year old Qidan era ruins, followed by lunch at a rest area restaurant about 3 hours from the city. Upon arrival in the city we check into our hotel, followed by a farewell dinner.



Day 14

Departure

Transfer to the airport in the morning, departure!

Summary:

Accommodation: 2 night city hotel (H), 1 night Train Bunk (B), 2 Nights ger camp (G), 8 Nights tented camp (T)

Meals: Three meals per day

Travel: 455km over 10 Cycling days (2 half days included)

Grade: Active trip requiring cycling fitness 40-65 km (25-40 miles) per day

Total Cycling distance 455 km

**Your Guide****Ganerdene 'Gana' Yuljinsenge**

Ganerdene has been guiding since 1993. He has traveled and guided in nearly all of Mongolia's provinces. Gana has led dozens of mountain biking trips, over a dozen trekking groups supported by camel caravan and has been driving/ guiding for numerous expeditions. He specializes in the Gobi, Central and western Mongolia regions.

**Additional Details**

Accommodation: In the countryside we use comfortable dome tents, twin share unless you have requested a single tent. Overnight camps include a kitchen tent, dining tent, toilet tent and wash tent. Some nights, according to the itinerary, will be spent in ger camps. These are professionally managed camps where we will stay in traditional Mongolian gers (yurt) and eat in a separate dining ger or lodge. In Ulaanbaatar we stay at the comfortable Corporate Hotel. Clients are expected to pitch and strike their own tents, and while it is in no way compulsory to help with camp chores, any assistance will be warmly welcomed.

Meals: In the countryside our support vehicles will carry the kitchen, food supplies, and kitchen staff including a professional chef. Meals are western style with strong Asian influence and include plenty of fresh vegetables. Breakfast is typically cereals, yogurt, fruits, toast and a hot dish. Lunches are on the road; sandwiches, cheese, meats and salad. Dinners are a variety of vegetable, meat, potatoes and pasta dishes. Purified drinking water is supplied on all cycling days as are tea & coffee. A welcome dinner

All meals during the tour are included in the trip price. *Ulaanbaatar meals are the responsibility of the participant.

Temperature and Weather: Mongolia is wet some days during the summer, so grass is green and some bugs/insects should be expected. Daytime temperatures will be 25-30 degrees C on fine sunny days. Days are generally windy even during the summer. Wet days can be expected, with temperatures around 17-20 deg C though generally don't last long. Good sunscreen is essential for the sunny days.

Tour conditions & support: On this trip we travel at an easy pace, cycling 6-7.5 hours a day including lunch break of approximately an hour. The terrain is primarily mixed, forest, passes and open steppe grassland – dotted with the gers of nomadic herders. Roads are smooth hard pack 4WD tracks; mostly back roads although we travel on main roads for short sections in places. The tour is supported by our 4WD vans carrying group camping equipment, camp and cooking staff, cyclists' baggage. Meals are prepared by professional chefs and catered in a communal dining tent. Camp facilities also include toilet and a shower tent. Camping is in roomy two-person dome tents- you should bring your own sleeping bag and thermarest. A bicycle is included in this tour. You may bring your own bike if you prefer.



Travel Details

Pricing for the Central Mongolia Mountain Biking Tour is inclusive of airport transfers, all in-country land travel, overnight train from Ulaanbaatar to Erdenet, hotel in Ulaanbaatar (max 2 nights), all countryside accommodations and non-restaurant meals. Tents will be provided. Expedition participants provide own sleeping bag, sleeping pad, specialty clothing, personally desired cycling items, rain gear, pack and personal effects.

The Bikes

The Mountain bikes provided will be hard-tail late models of one of the major brands, 27" or 29" and from 16-21" frames. We are charging \$30.00pp/pd during the 10 cycling days. This can be credited for participants who bring their own bikes.

Safety first: A comprehensive first aid kit accompanies each trip. Support vehicles are fitted with two-way radio communication and the group will have 1 Starlink system available. Telephones are available along the route and major hospitals are located in Erdenet, Tsetserleg and Karakorum. This being said, Mongolia is a safe country and incidents other than the always possible bicycle accidents are highly unlikely.

Dates: By Group Request

Cost: \$3375.00*pp / Single Supp. \$250.00

Our cycling tours are generally limited to **14** adventurous souls. We believe in keeping groups small and look for the type of people who have a truly adventurous spirit and love of a physical, off the beaten path experience. But we've got your back! Your crew will consist of an experienced tour leader & guide, cook, drivers and assistant to be there for you during your journey. Just be prepared to pitch your own tent! *Minimum 14 participants for this price. Tour level options available.



Evacuation Insurance

Our experience in Mongolia has taught us that having Emergency Evacuation and Medical Insurance is an absolute necessity. There are several providers which service Mongolia adequately. These include Global Rescue and International SOS. We must receive insurance details in advance of the trip, as we will have them on file with the local provider.

Contacts:

Global Rescue: <http://www.globalrescue.com> P: +1 617 459 4200

Int'l SOS: <http://www.internationalsos.com> Contact though website

**Contact us for further details and to book
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